

## Appendix A-Common TCM diseases and conditions

### COMMON TCM DISEASES THAT PRACTITIONERS OF TRADITIONAL CHINESE MEDICINE MUST BE KNOWLEDGEABLE TO BE ABLE TO DIAGNOSE AND TREAT

1. Gan Mao 感冒: Common Cold and influenza
2. Ke Sou 咳嗽: Cough
3. Huang Dan 黄疸: Jundice
4. Xuan Yun 眩晕: Dizziness and Vertigo
5. Xiao Chuan 哮喘: Wheezing and Asthma/Breathless
6. Wei Wan Tong 胃脘痛: Epigastric Pain/ Gastralgia
7. Tu Suan 吐酸: Acid Reflux
8. Cao Za 嘈杂: Gastric Upset
9. Fu Tong 腹痛: Abdominal Pain/Colitis
10. Gan Ji 疳积: Indigestion for Children
11. Xu Lao 虚劳: Tiredness/Fatigue
12. Zhi Chuang 痔疮: Hemorrhoids
13. Xie Xie 泄泻: Diarrhea
14. Bian Mi 便秘: Constipation
15. Xiao Ke 消渴: Diabetes
16. Bi Zheng 痹证: Painful Obstruction Syndrome/Arthritis
17. Mian Tong 面痛: Facial Pain/Trigeminal Neuralgia
18. Yao Tong 腰痛: Lumbago/Sciatica
19. Lao Zheng 落枕: Neck Sprain/Stiff Neck
20. Mian Tan 面瘫: Facial Paralysis/Bell's Palsy
21. Tou Tong 头痛: Headache
22. Zhong Feng 中风: Stroke
23. Wei Zheng 痿证: Atrophy Syndrome
24. Niu Shang/Shang Jin 扭伤: Sprains
25. Er Long 耳聋: Deafness
26. Er Ming 耳鸣: Ringling in the Ear

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27. Er Tong 耳痛: Earaches
28. Jin Shi 近视: Myopia
29. Bi Yuan 鼻渊: Sinus Infection
30. Yan Hou Zhong Tong 咽喉肿痛: Sore Throat
31. Shi Zhen 湿疹: Eczema
32. Cuo Chuang/ Fen Ci/Mian Zhen 痤疮/粉刺: Acne
33. Chan Yao Huo Dan 缠腰火丹/She Chuan Chuang 蛇串疮: Herpes Zoster
34. Yang Wei 阳痿: Impotence
35. Bu Yun 不孕: Infertility
36. Yue Jing Qian Hou Zhu Zheng 月经前后诸证: Pre-Menstrual Syndrome (PMS)
37. Tong Jing 痛经: Pelvic Inflammatory Disease (PID)/ Dysmenorrhea
38. Yin Yang 阴痒: Vaginitis (itching)
39. Yue Jing Bu Tiao 月经不调: Irregular Menstruation
40. Ren Shen E Zu 妊娠恶阻: Morning Sickness
41. Jue Jing Qian Hou Zhu Zheng 绝经前后诸证: Menopausal Syndrome
42. Jing Bi 经闭: Amenorrhea
43. Beng Lou 崩漏: Abnormal Uterus Bleeding (including endometriosis)
44. Yu Zheng 郁证: Anxiety/ Depression/ Stress
45. Bu Mei 不寐: Insomnia
46. Xie Tong 胁痛: Hypochondrial Pain
47. Ou Tu 呕吐: Vomiting
48. Jing Ji 惊悸: Palpitation
49. Shui Zhong 水肿: Edema
50. Long Bi 癃闭: Urine Retention
51. Jue Zheng 厥证: Syncope
52. Ya Tong 牙痛: Toothache