

List of TCM Formulae

1. Formulas for relieving superficial syndrome (Jie Biao Ji 解表劑) (8)

1-1 Formula for relieving superficial syndrome with pungent and warm 辛溫解表 (4)

Ma Huang Tang	Ephedra Decoction	麻黃湯
Gui Zhi Tang	Cinnamon Twig Decoction	桂枝湯
Xiao Qing Long Tang	Minor Blue-green Dragon Decoction	小青龍湯
Jiu Wei Qiang Huo Tang	Nine-herb Decoction with Notopterygium	九味羌活湯

1-2 Relieving superficial syndrome with pungent and cool 辛涼解表 (3)

Yin Qiao San	Honeysuckle and Forsythia powder	銀翹散
Sang Ju Yin	Mulberry Leaf and Chrysanthemum Decoction	桑菊飲
Ma Xing Shi Gan Tang	Ephedra, Apricot Kernel, Gypsum and Licorice Deco	麻杏石甘湯

1-3 Relieving superficial syndrome with tonics 扶正解表 (1)

Bai Du San	Toxin-Vanquishing Powder)	敗毒散
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2. Formulas for purgation (Xie Xia Ji 瀉下劑) (7)

2-1 Purging with cold energy herbs 寒下 (3)

Da Cheng Qi Tang	Major Order the Qi Decoction	大承氣湯
Xiao Cheng Qi Tang	Minor Order the Qi Decoction	小承氣湯
Tiao Wei Cheng Qi Tang	Regulate the Stomach and Order the Qi Decoction	調胃承氣湯

2-2 Purging with warm energy herbs 溫下 (2)

Wen Pi Tang	Warm the Spleen Decoction	溫脾湯
Da Huang Fu Zi Tang	Rhubarb and Prepared Aconite Decoction	大黃附子湯

2-3 Purging with moistening/lubricating herbs 潤下 (2)

Ma Zi Ren Wan	Hemp Seed Pill	麻子仁丸
Ji Chuan Jian	Benefit the River (Flow) Decoction	濟川煎

3. Formulas for harmonizing (He Jie Ji 和解劑) (6)

3-1 Harmonizing Shao yang 和解少陽 (2)

Xiao Chai Hu Tang	Minor Bupleurum Decoction	小柴胡湯
Hao Qin Qing Dan Tang	Artemisia Annu and Scutellaria Decoction to Clear	蒿芩清膽湯

3-2 Harmonizing Liver and Spleen 和解肝脾 (3)

Si Ni San	Minor Bupleurum Decoction	四逆散
Xiao Yao san	Rambling powder	逍遙散
Tong Xie Yao Fang	Important Formula for Painful Diarrhea	痛瀉要方

3-3 Harmonizing Stomach and Spleen 和解脾胃 (1)

Ban Xia Xie Xin Tang	Pinellia Decoction to Drain the Epigastrium	半夏瀉心湯
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4. Formulas for clearing heat (Qing Re Ji清熱劑) (25)		
4-1 Clear the heat in Qi portion/level 清氣分熱 (2)		
Bai Hu Tang	White Tiger Decoction	白虎湯
Zhu Ye Shi Gao Tang	Lophatherus and Gypsum Decoction	竹葉石膏湯
4-2 Clear heat in the ying & blood portion/level 清血分熱 (2)		
Qing Ying Tang	Clear the Nutritive Level Decoction	清營湯
Xi Jiao Di Huang Tang	Rhinoceros Horn and Rehmannia Decoction	犀角地黃湯
4-3 Clear the heat and detoxify 清熱解毒 (3)		
Liang Ge San	Cool the Diaphragm Powder	涼膈散
Huang Lian Jie Du Tang	Coptis Decoction to Relieve Toxicity	黃連解毒湯
Pu Ji Xiao Du Yin	Benefit Decoction to Eliminate Toxin	普濟消毒飲
4-4 Clear heat in both the Qi and blood 氣血兩清 (1)		
Qing Wen Bai Du San		清瘟敗毒散
4-5 Clear heat in the Zang-fu (organ network) 清臟腑熱 (9)		
Long Dan Xie Gan Tang	Gentiana Long Gan Cao Decoction to Drain the Liver	龍膽瀉肝湯
Zuo Jin Wan	Left Metal pill	左金丸
Yu Nu Jian	Jade Woman Decoction	玉女煎
Ting Li Da Zao Xie Fei Tang	Descurainia and Jujube Decoction	葶蘆大棗瀉肺湯
Shao Yao Tang	Peony Decoction	芍藥湯
Dao Chi San	Guide Out the Red powder	導赤散
Xie Bai San	Drain the White powder	瀉白散
Qing Wei San	Clear the Stomach powder	清胃散
Bai Tou Weng Tang	Pulsatilla Decoction	白頭翁湯
4-6 Clear the deficient heat 清虛熱 (4)		
Qing Hao Bie Jia Tang	Artemisia Annuua and Soft-Shelled Turtle Shell Deco	青蒿鱉甲湯
Qin Jiao Bie Jia San	Gentiana Qinjiao and Soft-Shelled Turtle Shell Powder	秦艽鱉甲散
Qing Gu San	Cool the Bones Powder	清骨散
Dang Gui Liu Huang Tang	Tangkuei and Six-yellow Decoction	當歸六黃湯
4-7 Clear the summer-heat 清暑熱 (4)		
Liu Yi San	Six to One Powder	六一散
Qing Shu Yi Qi Tang	Clear Summer-heat and Augment the Qi Decoction	清暑益氣湯
Xin Jia Xiang Ru Yin	Newly Augment Mosla Drink	新加香薷飲
Qing Luo Yin	Clear the Collaterals Decoction	清絡飲

5. Formulas for warming interior 溫裏劑 (8)

5-1 Warm up interior and expel cold 溫中祛寒 (4)

Li Zhong Wan	Regulate the Middle Pill	理中丸
Xiao Jian Zhong Tang	Minor Construct the Middle Decoction	小建中湯
Wu Zhu Yu Tang	Evodia Decoction	吳茱萸湯
Da Jian Zhong Tang	Major Construct the Middle Decoction	大建中湯

5-2 Restore yang and save critical (reverse counterflow) 回陽救逆 (2)

Si Ni Tang	Frigid Extremities Decoction	四逆湯
Hui Yang Jiu Ji Tang	Restore and Revive the Yang Decoction from Revised Popular Guide	回陽救急湯

5-3 Warm up channels and disperse cold 溫經散寒 (2)

Dang Gui Si Ni Tang	Tangkuei Decoction for Frigid Extremities	當歸四逆湯
Huang Qi Gui Zhi Wu Wu Tang	Astragalus and Cinnamon Twig Five-Substance Decoction	黃耆桂枝五物湯

6. Formulas for relieving interior-exterior 表裏雙解劑 (4)

Da Chai Hu Tang	Major Bupleurum Decoction	大柴胡湯
Fang Feng Tong Sheng San	Ledebouriella Powder that Sagely Unblocks	防風通聖散
Ge Gen Huang Qin Huang Lian Tang	Kudzu, Scutellaria and Coptis Decoction	葛根黃芩黃連湯
Wu Ji San	Five Accumulation Powder	五積散

7. Formulas for tonifying 補益劑 (18)

7-1 Qi tonic 補氣 (4)

Si Jun Zi Tang	Four Gentleman Decoction	四君子湯
Shen Ling Bai Zhu San	Ginseng, Poria, and Atractylodes Macrocephala Powder	參苓白朮散
Bu Zhong Yi Qi Tang	Tonify the Middle and Augment the Qi Decoction	補中益氣湯
Sheng Mai San	Generate the Pulse powder	生脈散

7-2 Blood tonic 補血 (4)

Si Wu Tang	Four-Substance Decoction	四物湯
Dang Gui Bu Xue Tang	Tangkuei Decoction to Tonify the Blood	當歸補血湯
Gui Pi Tang	Restore the Spleen Decoction	歸脾湯
Zhi Gan Cao Tang	Honey-Fried Licorice Decoction	炙甘草湯

7-3 Both Qi and blood tonic 氣血雙補 (3)

Ba Zhen Tang	Eight Treasure Decoction	八珍湯
Shi Quan Da Bu Tang	All-Inclusive Great Tonifying Decoction	十全大補湯
Ren Shen Yang Rong (Ying) Tang	Ginseng Decoction to Nourish the Nutritive Qi	人參養榮(營)湯

7-4 Yin tonic 補陰 (4)		
Liu Wei Di Huang Wan	Six-Ingredient Pill with Rehmannia	六味地黃丸
Da Bu Yin Wan	Great Tonify the Yin Pill	大補陰丸
Yi Guan Jian	Linking Decoction	一貫煎
Zuo Gui Wan	Restore the Left (Kidney) Pill	左歸丸
7-5 Yang tonic 補陽 (3)		
Jin Kui Shen Qi Wan	Kidney <i>Qi</i> Pill	金匱腎氣丸
Ji Sheng Shen Qi Wan	Kidney Qi Pill from Formulas to Aid the Living	濟生腎氣丸
You Gui Wan	Restore the Right (Kidney) Pill	右歸丸
8. Formulas for tranquilization 安神劑 (6)		
8-1 Tranquilizing the mind with heavy and compressing 重鎮安神 (2)		
Zhu Sha An Shen Wan	Cinnabar Pill to Calm the Spirit	硃砂安神丸
Ci Zhu Wan	Magnetite and Cinnabar Pill	磁硃丸
8-2 Tranquilizing the mind with nourishing 滋養安神 (4)		
Suan Zao Ren Tang	Sour Jujube Decoction	酸棗仁湯
Tian Wang Bu Xin Dan	Emperor of Heaven's Special Pill to Tonify the Heart	天王補心丹
Bai Zi Yang Xin Wan	Biota Seed Pill to Nourish the Heart	柏子養心丸
Gan Mai Da Zao Tang	Licorice Wheat and Jujube Decoction	甘麥大棗湯
9. Formulas for astringing 固澀劑 (6)		
Yu Ping Feng San	Jade Windscreen powder	玉屏風散
Si Shen Wan	Four-Miracle Pill	四神丸
Mu Li San	Oyster Shell Powder	牡蠣散
Jin Suo Gu Jing Wan	Metal Lock pill to Stabilize the Essence	金鎖固精丸
Zhen Ren Yang Zang Tang	True Man's Decoction to Nourish the Organs	真人養臟湯
Sang Piao Xiao San	Mantis Egg-Case powder	桑螵蛸散
10. Formulas for regulating Qi 理氣劑 (10)		
10-1 Improving Qi circulation 行氣 (5)		
Yue Ju Wan	Escape Restraint Pill	越鞠丸
Ban Xia Hou Po Tang	Pinellia and Magnolia Bark Decoction	半夏厚朴湯
Zhi Shi Xie Bai Gui Zhi Tang	Unripe Bitter Orange, Chinese Garlic, and Cinnamon Twig Decoction	枳實薤白桂枝湯
Hou Po Wen Zhong Tang	Magnolia Bark Decoction for Warming the Middle	厚朴溫中湯
Tian Tai Wu Yao San	Top-Quality Lindera Powder	天台烏藥散
10-2 Bring Qi downward 降氣 (5)		
Su Zi Jiang Qi Tang	Perilla Fruit Decoction for Directing Qi	蘇子降氣湯

	Downward	
Ding Chuan Tang	Arrest Wheezing Decoction	定喘湯
Xuan Fu Dai Zhe Tang	Inola and Hematite Decoction	旋覆代赭湯
Ju Pi Zhu Ru Tang	Tangerine Peel and Bamboo Shavings Decoction	橘皮竹茹湯
Ding Xiang Shi Di Tang	Clove and Persimmon Calyx Decoction	丁香柿蒂湯
11. Formulas for regulating blood 理血劑 (12)		
11-1 Improve blood circulation and remove blood stagnation 活血祛瘀 (7)		
Tao He Cheng Qi Tang	Peach Pit Decoction to Order the Qi	桃核承氣湯
Xue Fu Zhu Yu Tang	Drive Out Stasis in the Mansion of Blood Decoction	血府逐瘀湯
Fu Yuan Huo Xue Tang	Revive health by Invigorate the blood Decoction	復元活血湯
Bu Yang Huan Wu Tang	Tonify the Yang to Restore Five (Tenths) Decoction	補陽還五湯
Sheng Hua Tang	Generating and Transforming Decoction	生化湯
Gui Zhi Fu Ling Wan	Cinnamon and Poria Pills	桂枝茯苓丸
Shi Xiao San	Sudden Smile Powder	失笑散
11-2 Stop bleeding 止血 (5)		
Xiao Ji Yin Zi	Small Thistle Drink	小薊飲子
Shi Hui San	Ten Partially-Charred Substances Powder	十灰散
Ke Xue Fang	Coughing of Blood Formula	咳血方
Huang Tu Tang	Yellow Earth Decoction	黃土湯
Huai Hua San	Sophora Japonica Flower Powder	槐花散
12. Formulas for treating wind related diseases 治風劑 (10)		
12-1 Expel external wind 疏散外風 (5)		
Xiao Feng San	Eliminate Wind Powder	消風散
Chuan Xiong Cha Tiao San	Ligusticum Chuanxiong Powder to Be Taken with Green Tea	川芎茶調散
Cang Er Zi San	Xanthium Powder	蒼耳子散
Qian Zheng San	Lead to Symmetry Powder	牽正散
Xiao Huo Luo Dan	Minor Invigorate the Channels Special Pill	小活絡丹
12-2 Distinguish internal wind 平熄內風 (5)		
Ling Jiao Gou Teng Tang	Antelope Horn and Uncaria Decoction	羚羊鉤藤湯
Zhen Gan Xi Feng Tang	Sedate the Liver and Extinguish Wind Decoction	鎮肝熄風湯
Tian Ma Gou Teng Yin	Gastrodia and Uncaria Decoction	天麻鉤藤飲
Da Ding Feng Zhu	Major Arrest Wind Pearl	大定風珠
Di Huang Yin Zi	Rehmannia Drink	地黃飲子
13. Formulas for treating dryness diseases 治燥劑 (8)		

Qing Zao Jiu Fei Tang	Eliminate Dryness and Rescue the Lung Decoction	清燥救肺湯
Xing Su San	Apricot Kernel and Perilla Leaf Powder	杏蘇散
Sang Xing Tang	Mulberry Leaf and Apricot Kernel Decoction	桑杏湯
Mai Men Dong Tang	Ophiopogonis Decoction	麥門冬湯
Bai He Gu Jin Tang	Lily Bulb Decoction to Preserve the Metal	百合固金湯
Yu Ye Tang	Jade Fluid Decoction	玉液湯
Zeng Ye Tang	Increase the Fluids Decoction	增液湯
Yang Yin Qing Fei Tang	Nourish the <i>Yin</i> and Clear the Lungs Decoction	養陰清肺湯

14. Formulas for eliminating dampness 祛濕劑 (17)

Ping Wei San	Calm the Stomach Powder	平胃散
Huo Xiang Zheng Qi San	Agastache Powder to Rectify the <i>Qi</i>	藿香正氣散
Yin Chen Hao Tang	Artemisiae Yinchenhao Decoction	茵陳蒿湯
Ba Zheng San	Eight Herb Powder for Rectification	八正散
San Ren Tang	Three Seed Decoction	三仁湯
Gan Lu Xiao Du Dan	Sweet Dew Special Pill to Eliminate Toxin	甘露消毒丹
Er Miao San	Two-Marvel Powder	二妙散
Wu Ling San	Five-Ingredient Formula with Poria	五苓散
Fang Ji Huang Qi Tang	Stephania and Astragalus Decoction	防己黃耆湯
Zhu Ling Tang	Polyporus Decoction	豬苓湯
Wu Pi Yin	Five Peel Decoction	五皮飲
Zhen Wu Tang	True Warrior Decoction	真武湯
Shi Pi Yin	Bolster the Spleen Decoction	實脾飲
Bei Xie Fen Qing Yin	Dioscorea Hypoglauca Decoction to Separate the Clear	萆薢分清飲
Ling Gui Zhu Gan Tang	Poria, Cinnamon Twig, Atractylodes and Licorice Decoction	苓桂朮甘湯
Du Huo Ji Sheng Tang	Angelica Pubescentis and Taxillus Decoction	獨活寄生湯
Qiang Huo Sheng Shi Tang	Notopterygium Decoction to Overcome Dampness	羌活勝濕湯

15. Formulas for eliminating phlegm 祛痰劑 (11)

15-1 Dissolve phlegm and drying dampness 燥濕化痰 (2)

Er Chen Tang	Decoction of Two Aged (Cured) Drugs	二陳湯
Wen Dan Tang	Warm Gallbladder Decoction	溫膽湯

15-2 Dissolve phlegm and clear heat 清熱化痰 (3)

Qing Qi Hua Tan Wan	Clear the Qi and Transform Phlegm Pill	清氣化痰湯
Xiao Xian Xiong Tang	Minor Decoction (for Pathogens) Stuck in the Chest	小陷胸湯
Gun Tan Wan	Vaporize Phlegm Pill	滾痰湯

15-3 Dissolve phlegm and moisten dryness 潤燥化痰 (1)

Bei Mu Gua Lou San	Fritillaria and Trichosanthis Fruit Powder	貝母瓜蒌散
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15-4 Dissolve cold phlegm with warm herbs 溫化寒痰 (2)

Ling Gan Wu Wei Jiang Xin Tang	Poria, Licorice, Schisandra, Ginger, and Asarum Decoction	苓甘五味薑辛 湯
San Zi Yang Qin Tang	Three Seed Decoction to Nourish One's Parents	三子養親湯

15-5 Dissolve phlegm and treat wind 治風化痰 (3)

Ban Xia Bai Zhu Tian Ma Tang	Pinellia, Atractylodes Macrocephala and Gastrodia Decoction	半夏白朮天麻 湯
Ding Xian Wan	Arrest Seizures Pill	定癇丸
Zhi Sou San	Stop Coughing Powder	止嗽散

16. Formulas for improving digestion 消導劑 (7)

Bao He Wan	Preserve Harmony Pill	保和丸
Jian Pi Wan	Strengthen the Spleen Pill	健脾丸
Zhi Shi Dao Zhi Wan	Unripe Bitter Orange Pill to Guide out Stagnation	枳實導滯丸
Mu Xiang Bin Lang Wan	Aucklandia and Betel Nut Pill	木香檳榔丸
Zhi Zhu Wan	Unripe Bitter Orange and Atractylodes Pill	枳朮丸
Zhi Shi Xiao Pi Wan	Unripe Bitter Orange Pill to Reduce Focal Distention	枳實消痞丸
Bie Jia Jian Wan		鯮甲煎丸

17. Formulas for parasite diseases 驅蟲劑 (2)

Wu Mei Wan	Mume Pill	烏梅丸
Fei Er Wan	Fat Baby Pill	肥兒丸

18. Formulas for abscess (yong yang) 癰瘍劑 (7)

Xian Fang Huo Ming Yin	Immortals' Formula for Sustaining Life	仙方活命飲
Wu Wei Xiao Du Yin	Five Ingredient Decoction to Eliminate Toxin	五味消毒飲
Yang He Tang	Balmy <i>Yang</i> Decoction	陽和湯
Si Miao Yong An Tang	Four-Valient Decoction for Well Being	四妙勇安湯
Wei Jing Tang	Reed Decoction	葦莖湯
Da Huang Mu Dan Pi Tang	Rhubarb and Moutan Decoction	大黃牡丹皮湯
Yi Yi Fu Zi Bai Jiang San	Coix, Aconite Accessory Root and Patrinia Powder	薏苡附子敗醬 散

Total formulas listed above: 171